

2023



# AMETHYST

PORTFOLIO

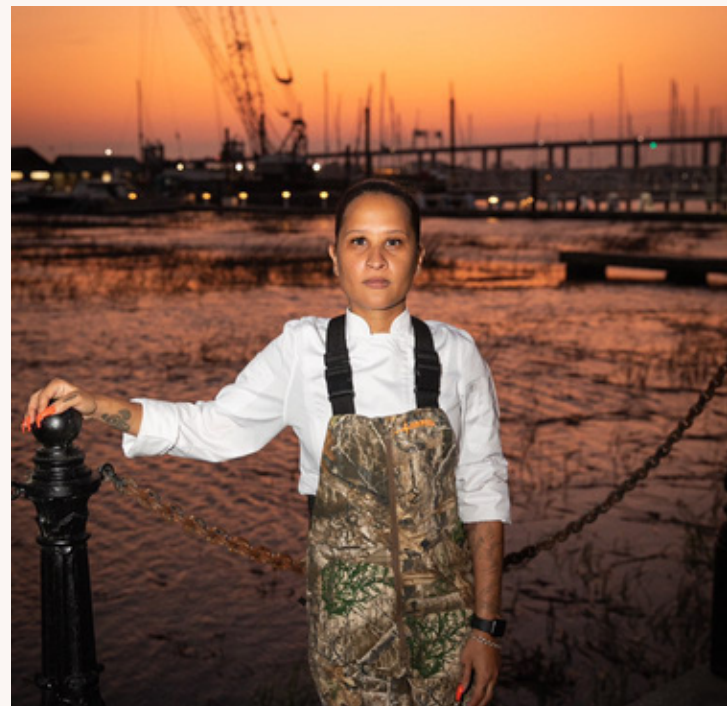
# AMETHYST GANAWAY

INDEX

PRESS

WRITING

BRAND PARTNERSHIPS



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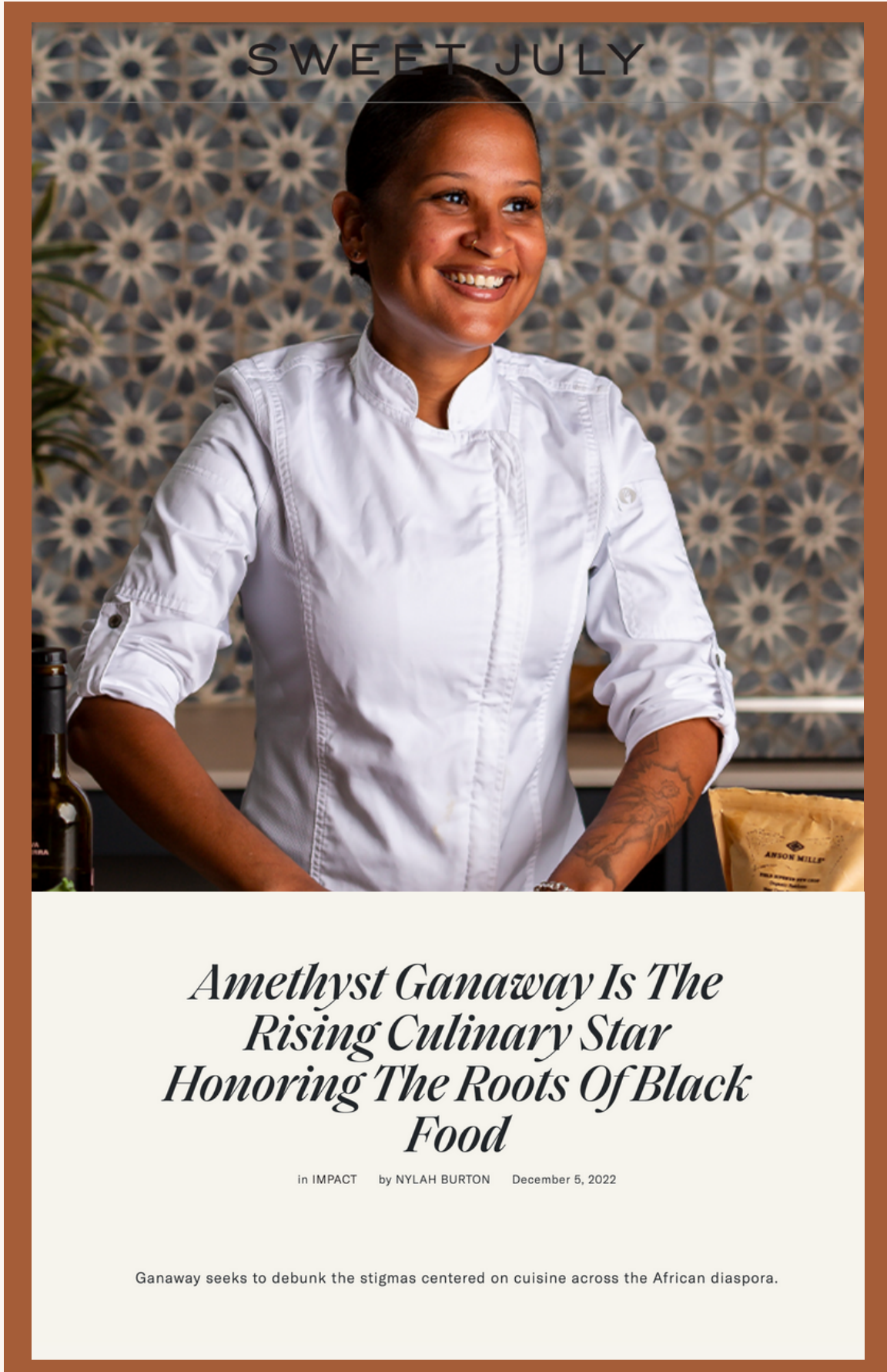
**PRESS**

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# PRESS

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*Amethyst Ganaway Is The  
Rising Culinary Star  
Honoring The Roots Of Black  
Food*

in IMPACT by NYLAH BURTON December 5, 2022

Ganaway seeks to debunk the stigmas centered on cuisine across the African diaspora.



# PRESS

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**THE  
BLACK  
KITCHEN  
SERIES  
INNOVATORS**

BROUGHT TO YOU BY **HEINZ**  
ESTD 1869

**S2: E3**

THE RENAISSANCE OF ANCIENT  
GRAINS WITH ROLLEN CHALMERS  
& AMETHYST GANAWAY

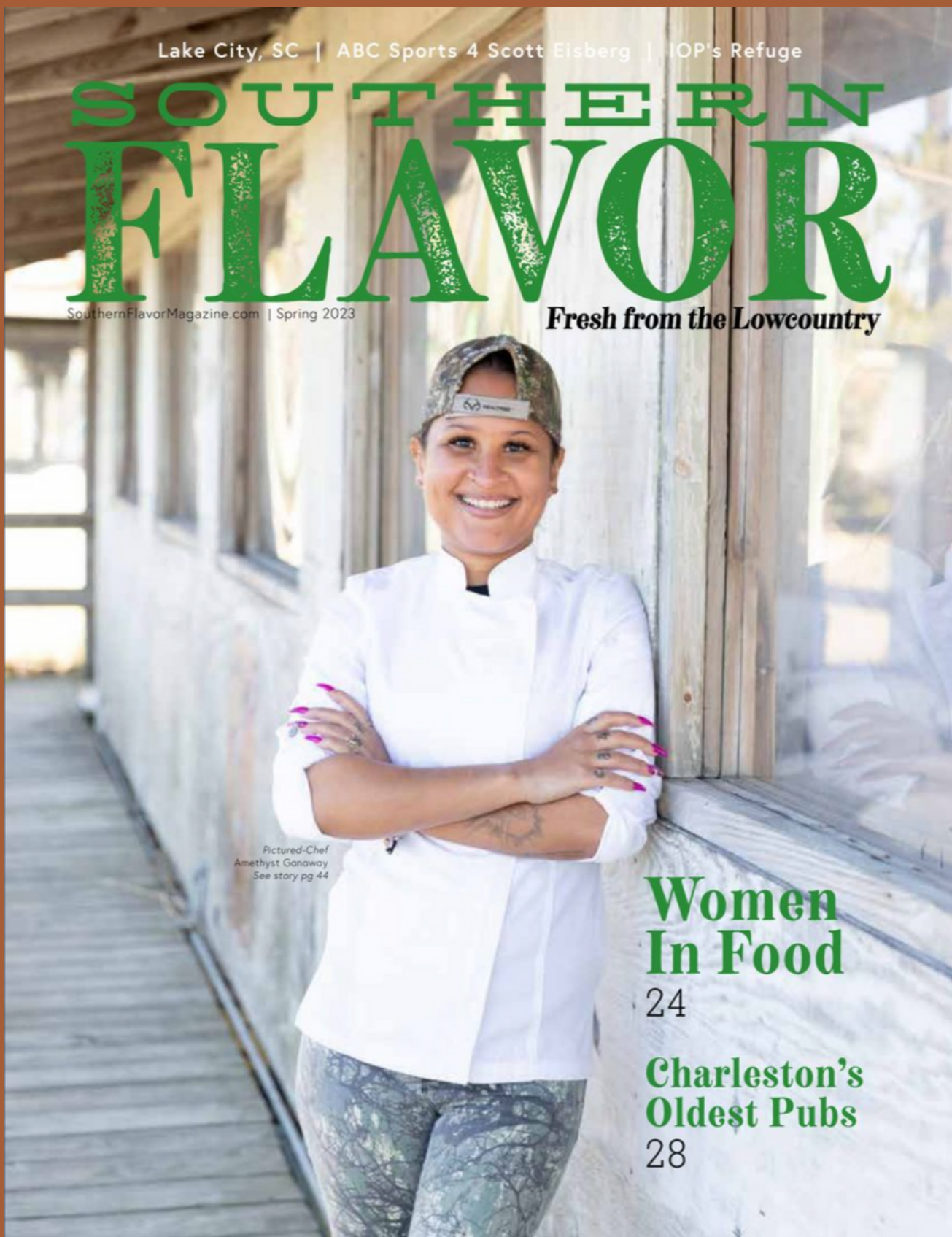
# PRESS

Lake City, SC | ABC Sports 4 Scott Eisberg | IOP's Refuge

# SOUTHERN FLAVOR

SouthernFlavorMagazine.com | Spring 2023

Fresh from the Lowcountry



*Pictured-Chef  
Amethyst Ganaway  
See story pg 44*

**Women  
In Food**

24

**Charleston's  
Oldest Pubs**

28

# PRESS

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SAVEUR

CULTURE

## A Tribute to the Matriarchs of the Lowcountry

*A women-led dinner in Charleston celebrates the life-affirming recipes passed down by generations of maternal role models.*



# PRESS

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SAVEUR

SHOPPING & REVIEWS

## The Best Grill Thermometers Make Great Steaks

*Use the right grill thermometer to ensure your meat is cooked to perfection every time.*

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THE LOCAL  
**palate**  
FOOD CULTURE OF THE SOUTH

RECIPES

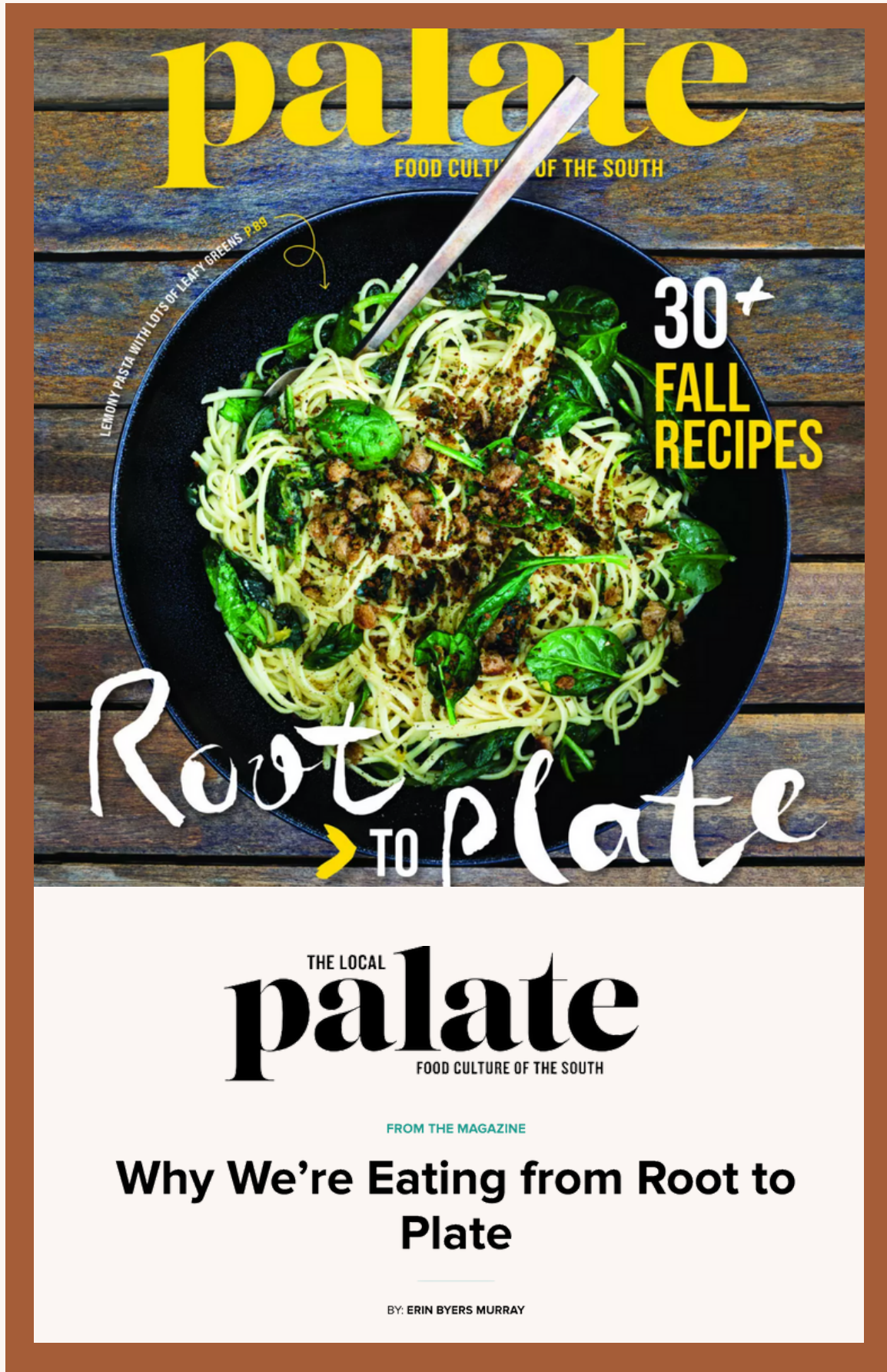
## The Secret to Using Benne Seeds

BY: DEBRA FREEMAN



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palate  
FOOD CULTURE OF THE SOUTH

LEMONY PASTA WITH LOTS OF LEAFY GREENS P.89

30+  
FALL  
RECIPES

Root to Plate

THE LOCAL  
palate  
FOOD CULTURE OF THE SOUTH

FROM THE MAGAZINE

Why We're Eating from Root to Plate

BY: ERIN BYERS MURRAY



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THE LOCAL  
**palate**  
FOOD CULTURE OF THE SOUTH

PARTNERED

**SEWE Brings Chef Demos to Marion Square**

# PRESS

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VOL 4 - FEBRUARY 2022

# PRESS

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**SORTED** *FOOD*

